



*Dr Sara*

MOTIVATIONAL SPEAKER  
& WOMEN'S LIFE COACH

MEDIA KIT

[www.singlehoodoasisacademy.com](http://www.singlehoodoasisacademy.com)



# Hi. I'm Dr Sara!

## MOTIVATIONAL SPEAKER & COACH

My first official relationship was at 32 years old, and my singlehood experience was a stomach-churning roller coaster. As a Christian, Medical professional, and Pastors Kid, I assumed I would have love all figured out. I didn't. Call me Bridget Jones, because I made every mistake in the book. There was very little support for Christian singles without gas lighting and judgement. I believe God has called me to fill this leadership gap. While my status did not define me, it pushed me into my purpose.

I am a charismatic, passionate millennial who empowers singles to maximise their 'now' season. Love is universal, but our faith influences our approach to it, which is different from the secular voices today. The world needs more positive role models who can tackle taboo but essential topics. I am enthusiastic about living a purpose-filled life, healthy sexuality, self-esteem, christ centred dating and valuing people.



 **12K** 

@singlehoodoasisacademy

 **2K**

monthly page views

 **600**

email subscribers



## SPEAKING TOPICS

- ✓ Maintaining Healthy Self Esteem
- ✓ Healthy Sexuality and Christianity
- ✓ Maximising Networking Opportunities for Singles who desire Marriage
- ✓ Recovery from Setbacks
- ✓ Finding your voice in a busy world

AS SEEN IN

**Premier  
Christianity**

**FEMALE  
FIRST**

**Readers  
Digest**

**BBC  
RADIO**

### FUN FACT

DR SARA OPENED  
A CHRISTIAN  
MATCHMAKING  
AGENCY

## Client Testimonials

“

Dr Sara is a powerful source of support and such a sound teacher. Looking forward to having her at our future events.

*Pastor David French*

“

"Dr Sara is one of the most amazing life coach I've worked with. She is truly a gift and remained supportive along the whole journey.

*Claire Thompson*

# TV Show Pitch

@SINGLEHOODOASISACADEMY



**Title** Love Wins

**Genre** Talk Show

**Log Line** Stop Waiting Start Living

**USP** Millennial, motivational, popular culture and cross-cultural

## Synopsis

Dr Sara presents a contemporary Christian Talk Show primarily for single women. Although approximately 50% of the population fits into this demographic, the show will appeal to younger women (18-25) and married women alike. The viewership would be similar to mainstream daytime show 'Loose Women', which attracts on average 1.4 million viewers per episode.

'Love Wins' features Dr Sara's take on current topical issues, guest interviews, lifestyle segments and live music. She will highlight the beauty and relevancy of the Christian faith in today's culture. Each episode will explore real-life topics and spotlight the challenges that people face every day. This kind of program will put more value on singles, who find little support from the Church according to research. (Single Friendly Church 2014, David Pullinger)

A single person is not a problem to be solved but a whole person to be celebrated. Dr Sara will ultimately show viewers how to stop waiting and start living their best lives.

## The Need

'Love Wins' fulfils the nation's hunger for more positive and uplifting media in the UK.

The negative consequences of hedonistic social media are becoming more evident. The pressure on us to be rich, to be perfect, to compete with the famous is overwhelming. 'Love Wins' helps viewers embrace their uniqueness and appreciate their everyday excellence. Contentment is achievable at every step on the journey to maximise your potential.

Love Wins presents a counter-culture platform to contend for the Christian faith.

The program will platform rather than shy away from the difficult moral conflicts Christians face. Dr Sara will interview established Christian leaders and emerging young leaders. The conversations help reinforce Kingdom Culture in a modern way.



# TV Show Pitch

@SINGLEHOODOASISACADEMY



## The Presenter

Sara Jayne's energetic, humorous personality, down to earth honesty is the ideal candidate to be a positive influencer for this generation. She is a fully qualified Medical Doctor, National Trainer and licensed minister. She has years of experience in Church leadership, hosting multi-denominational Youth events, public speaking and mentoring women.

## What makes her stand out?

- A contemporary intellectual with scientific background and training in practical Christian theology
- She creates a bridge between tradition and progression for her generation
- She has a strong voice as a Christian millennial
- She is known for her honesty and transparency which connects to audiences
- She has experience working in the music industry, medical field and corporate setting
- She has the ability to connect to audiences from diverse cultures
- She has a unique sense of humour and a bright personality
- She has a biblical and pragmatic perspective on world events

### FUN FACT

DR SARA IS A  
WORSHIP PASTOR  
AND PROFESSIONAL  
BACKING VOCALIST

## What will you get from the show?

- A program to inspire reflection on your life from a holistic perspective
- Conversations that stimulate growth and confidence as a Christian
- Exposure to emerging leaders, teachers, performers and impactful influencers
- Entertainment that will positively stimulate your mind and your soul
- Intercessory prayer that shares God's heart for Singles
- Motivation for Singles to maximise their now season in a practical way

Wellness Truth Sustainable  
Diversity Racism Living  
Social Justice

# TV Show Pitch

@SINGLEHOODOASISACADEMY



## POTENTIAL EPISODES

---

Ep1: Healthy Sexuality

Ep2: Does God care I am Single?

Ep3: How do I make my Mark?

Ep4: Life begins when...

Ep5: My role in Social Justice

Ep6: Medicine vs Miraculous Healing

Ep7: Should Christians be Rich?

Ep8: Bullying in the Church

### FUN FACT

LOST 100 POUNDS  
& REVERSED  
HER DIABETES  
CONDITION



---

## MY AUDIENCE

<b>80 %</b>	<b>70%</b>	<b>57%</b>
women	25 - 45 yrs old	UK

# Dr Sara in Media

@SINGLEHOODOASISACADEMY



## Blogs/Articles

- <https://www.premierchristianity.com/home/a-christian-guide-to-dating-during-a-pandemic/619.article>
- <https://astepfwd.com/adam-meet-eve-the-new-matchmaking-service-by-christian-doctor-sara-jayne/>
- <https://www.voice-online.co.uk/lifestyle/sponsored-lifestyle/2020/07/31/exploding-the-dating-myths-keeping-you-from-finding-your-soulmate/>

## Podcasts

- <https://www.theologyforsingles.com/e/where-the-good-men-are/>
- <https://www.alisonjaye.net/2021/07/24/single-saved-searching-sex-and-unsatisfied-christian-matchmaking-with-dr-sara-jayne-mcleod/>

## Radio

- [https://www.youtube.com/watch?v=kpt13\\_mDk8w](https://www.youtube.com/watch?v=kpt13_mDk8w) - Original Soul Food Show
- <https://www.bbc.co.uk/programmes/p08mx2v0>
- <https://www.premiERGospel.org.uk/Shows/Sunday/Naked-Love/Podcast>

## Interview

- [https://www.youtube.com/watch?v=\\_2q6oT\\_9YpU](https://www.youtube.com/watch?v=_2q6oT_9YpU) - Gospel Zone

### FUN FACT

A NEWLYWED

AFTER 32 YEARS  
SINGLE



### FUN FACT

CURRENTLY  
PLANNING HER  
CROSS CULTURAL  
'WHITE WEDDING'



# Books

WWW.SINGLEHOODOASISACADEMY.COM



## OUT NOW



Manhandling, Myths and Mudholes was written for women who do not want to be single. Prepare for a refreshing exploration into the world of love, dating and sexuality. Those frustrated with the mundane advice to 'just pray,' will find this practical guide, a life changing read. Prayer is just one of the many things you need to do in order to thrive in singlehood.



4.5 STARS ON **amazon**

## REVIEWS

So far I am totally hooked, such an open and transparent book designed for those who are single. I am struggling to put the book down! So far Every page has been spot on, transparency yet so inspirational ! Well done Sara Thankyou for being a blessing ♥ I truly recommend ladies to buy buy buy.

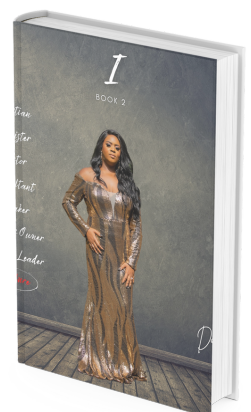
Jaana

"Manhandling, Myths and Mudholes" contains nearly 500 pages but I devoured this book in less than a week. It is a great tool for single Christians who want to be strengthened walking in holiness and sanctification. It is Bible based, honest and refreshing. Sara Jayne gives you insights on the complexity (sometimes) of christian dating life with humour and grit. Single Christians are often left fending for themselves but this book will encourage you to persevere.

Sandrine

## COMING SOON

OVERCOMING  
PERFECTIONISM





## WHO I WORK WITH

Aside from my occupational role as a National Trainer and professional mentor. I have had the privilege of speaking on clinical, educational and life coach topics for large corporations and national audiences. I have a talent for captivating audiences at International Conferences, local churches, and various media platforms. My previous clients include Maximus UK, New Testament Church of God, Female First, Church of God in Christ and Premier Gospel.

## WHAT YOU CAN EXPECT

Humour, transparency and biblical wisdom that is designed to be lived out. I am a relatable and entertaining presenter which makes for a memorable experience. I would like to be one of the stand-out voices for the Kingdom of my generation.



## GET IN TOUCH

I would be honoured to hear from you. Each conversation creates a purposeful connection and opportunity for growth. Please do get in touch with any questions.

[admin@adammeetevehere.com](mailto:admin@adammeetevehere.com)  
[www.singlehoodoasisacademy.com](http://www.singlehoodoasisacademy.com)



*Dr Sara*